

Footnotes

Southern Idaho's Leading Provider of Specialty Orthotics & Prosthetics



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Twin Falls: 542 Addison Ave. West
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Boise Office Awarded ABC Accreditation



BOISE, ID—Rehab Systems, Inc. proudly announces a Three-Year Accreditation awarded in orthotics and prosthetics by the American Board for Certification in Orthotics, Prosthetics & Pedorthics, Inc. (ABC). RSI is recognized for achievements in the areas of Organizational Management, Patient Care Standards, Quality Assurance, Supplier Compliance and Facility and

Safety Management. This award represents the highest level of accreditation achievable in the profession of orthotics and prosthetics. "Rehab Systems has demonstrated its commitment to the provision of quality patient care services by seeking and attaining ABC accreditation," said Catherine Carter, ABC's Executive Director. "ABC has developed the highest standards for accreditation in the industry and is proud to include Rehab Systems among over 1,400 accredited patient care facilities." RSI has been offering orthotic and prosthetic services in Boise since 2004 and in Twin Falls since 1993.

Prosthetic Limb Suspension

Most amputees are familiar with the difference between a pin system and suction sleeve suspension for their socket suspension options. Most practitioners prefer one or the other method based on their comfort level in utilizing a particular application. Pin systems are the most commonly used form of suspension because of their convenience and safety, allowing the amputee to step into the socket quickly with nothing over the knee. A traditional pin can cause a lot of pull and traction on the limb, causing a milking sensation. The Air-Lock, a pin system developed by Rehab Systems' Dale Perkins, provides the same convenience while eliminating the milking sensation.



Suction sleeve suspension is utilized via a variety of materials which wrap around the top of the socket and the thigh of the amputee. This helps connect the prosthesis to the limb, keeps air from traveling into the top of the leg, and controls rotation. The downside of added material around the knee is constricted ability in bending and added heat. A traditional suction socket feels more connected on the amputee, but when suction fails it fails catastrophically. The Air-Lock helps create this connected feel by maintaining an airtight socket. Even with these improvements, however, some amputees prefer a suction sleeve suspension socket. RSI is able to test many types of sleeves to help select the appropriate sleeve for the amputee. Whatever the choice, RSI strives to give to amputees not that with which practitioners are most comfortable but what is best for its amputees.



It's a Girl!

**Congratulations
Brian & Mary Fischer
and welcome to the
world Cameron Mae!**

*September 25, 2008
6 lbs 2 oz, 20.5 in*

RSI Technician, Ralph Carleton, Runs Chicago Marathon



CHICAGO, IL—In the early hours of the morning on October 12th, nearly 45,000 runners gathered at Chicago's Grant Park to participate in the Bank of America Chicago Marathon. Among the participants was our own Ralph Carleton who ran his first marathon that Sunday. Carleton and two other runners from Boise made the decision to run the marathon as a spring-board for fundraising for a church in Africa which had been destroyed. Carleton has competed in runs locally for a number of years including the Race to Robbie Creek, Bloomsday and a handful of other fun runs. Though this was his first, he states it will likely also be his last marathon since he struggled with injury throughout training and the race. He is excited to focus his efforts on cycling this next season and will look to compete for a third time in the Bogus Basin Hill Climb as well as other local cycling events.

Congratulations to **Ralph Carleton, Russ & Jennifer Bartlett** on five years employment with Rehab Systems, Inc. Ralph & Russ are Technicians in the Boise and Twin Falls offices, respectively. Jennifer is the Receptionist & Billing Manager in the Twin Falls office.

Recreation Unlimited Offers Adaptive Ski Program

BOISE, ID—Recreation Unlimited is an adaptive ski program open to children and adults with physical and/or developmental disabilities at Bogus Basin. Students receive individual assessment, ski instruction and use of specialized equipment which allows them to fully participate in the adventures of alpine skiing. The program offers lessons for a range of ability levels, from the first-timer to advanced skier, and for individuals with various disabilities. Recreation Unlimited staffs trained volunteer instructors who are familiar with the challenges presented by physical, neuromuscular and developmental impairments. The Adaptive Ski Program is a remarkable opportunity for people with disabilities to enhance both physical and social development. Their eight week program begins in January and is available in one to eight two-hour sessions. The program also schedules a variety of social activities for students and their families each year. For more information contact Recreation Unlimited at (208) 672-1500 or visit www.recreation-unlimited.org.



Photo courtesy of Recreation Unlimited

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